Claims

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- 1. A composition consisting essentially of at least 90% policosanols obtained from rice bran wax, wherein the policosanols comprise from about 25 to about 35% of octacosanol.
 - 2. The composition of claim 1, wherein the level of policosanols is at least 93%.
 - 3. The composition of claim 2, wherein the level of policosanols is at least 95%.
- 4. The composition of claim 1, wherein the policosanols comprise from about 28 to about 32% of octacosanol.
- 5. The composition of claim 1, wherein the policosanols comprise about 30% of octacosanol.
- 6. The composition of claim 1, wherein the policosanols comprise from 0.5 to 15 % of tetracosanol, from 5 to 35% of hexacosanol, from 25 to 35% of octacosanol, from 12 to 49 of triacontanol, and from 2 to 17 % of dotriacontanol.
- 7. The composition of claim 1, wherein the level of policosanols is at least 95% and the policosanols comprise about 30% of octacosanol.
- 8. A method for treatment of hypercholesterolemia, comprising administering to a subject in need thereof an effective amount of a composition consisting essentially of at least 90% policosanols obtained from rice bran wax, wherein the policosanols comprise from about 25 to about 35% of octacosanol.
 - 9. The method of claim 8, wherein the level of policosanols is at least 93%.
 - 10. The method of claim 9, wherein the level of policosanols is at least 95%.
- 11. The method of claim 8, wherein the policosanols comprise from about 28 to about 32% of octacosanol.
- 12. The method of claim 8, wherein the policosanols comprise about 30% of octacosanol.
- 13. The method of claim 8, wherein the policosanols comprise from 0.5 to 15 % of tetracosanol, from 5 to 35% of hexacosanol, from 25 to 35% of octacosanol, from 12 to 49 of triacontanol, and from 2 to 17 % of dotriacontanol.
- 14. The method of claim 8, wherein the level of policosanols is at least 95% and the policosanols comprise about 30% of octacosanol.
- 15. The method of claim 8, wherein the composition is in a form selected from the group consisting of powders, tablets, capsules, and solutions.
- 16. The method of claim 8, wherein the composition is in a form selected from the group consisting of hard shell capsules and soft-gel capsules.

17. The method of claim 8, wherein the effective amount is from about 10 mg to about 20 mg per day.

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- 18. The method of claim 8, wherein the administration is performed as a single dose per day.
- 19. The method of claim 8, wherein the administration is performed as multiple doses per day.
- 20. The method of claim 19, wherein the multiple doses per day are each equal in size to one another.